

2009 Junior Golf Camp

Oak Tree Golf Course

Ages: 8-17

Dates: June 1-5 / July 20-24

Times: 9:00 - 10:00

Cost: \$ 150.00

Camp Limit: 20 juniors

Camp Agenda

Day 1

9:00-9:30 Teach the Fundamentals of Golf

- ✓ Grip
- ✓ Posture
- ✓ Alignment
- ✓ Ball Position
- ✓ Set Up

9:30-10:00 Rules of Golf & Golf Etiquette

(Each Junior will receive a Junior Rule Book)

- ✓ Golf Etiquette
- ✓ Definitions
- ✓ Rules
- ✓ On Course Decisions

Day 2

9:00-10:00 Full Swing Mechanics on Back swing

- ✓ Takeaway
- ✓ Club position
- ✓ Position ½ way to Top
- ✓ Position at Top

Day 3

9:00-10:00 Full Swing Mechanics on Downswing

- ✓ Starting the downswing
- ✓ Sequencing the lower body
- ✓ Club position
- ✓ Impact position

Day 4

9:00-9:30 Short Game Lessons

- ✓ Chipping Technique
- ✓ Pitching Technique
- ✓ Short Game Strategy

9:30-10:00 Putting Lessons

- ✓ Grip
- ✓ Posture & Set Up
- ✓ Alignment
- ✓ Reading Greens
- ✓ Putting Strategy

Day 5

8:00-10:00 Play Golf

Note: Times and activities could change due to weather